# Peace for Today

**READ WHEN…**

your mind won’t slow down.

**SCRIPTURE**

“Peace I leave with you. My peace I give to you.”
— John 14:27 CSB

**PRAYER**

Jesus, my thoughts are loud and my heart is unsettled. Thank You that Your peace does not depend on everything around me becoming easy. Help me receive the peace You give and bring my fear back to You, one breath and one prayer at a time. Amen.

# Trust His Plan

**READ WHEN…**

you don’t know what to do next.

**SCRIPTURE**

“Trust in the LORD with all your heart, and do not rely on your own understanding; in all your ways know him, and he will make your paths straight.”
— Proverbs 3:5–6 CSB

**PRAYER**

Lord, I cannot see the whole road ahead, and I do not want to pretend I can. Teach me to trust Your wisdom more than my own. Direct my steps as I walk with You, and help me faithfully follow what You show me next. Amen.

# Strength for Today

**READ WHEN…**

you feel weak and worn thin.

**SCRIPTURE**

“Do not fear, for I am with you; do not be afraid, for I am your God. I will strengthen you; I will help you; I will hold on to you with my righteous right hand.”
— Isaiah 41:10 CSB

**PRAYER**

God, I feel small in front of what I am carrying. Thank You that Your presence does not depend on my strength. Hold me steady, help me take the next step, and remind me that I do not face this alone. Amen.

# Rest for Today

**READ WHEN…**

you’re carrying too much.

**SCRIPTURE**

“Come to me, all of you who are weary and burdened, and I will give you rest.”
— Matthew 11:28 CSB

**PRAYER**

Jesus, I am tired in ways rest alone cannot fix. I come to You with everything I am carrying. Teach me Your gentle way, quiet the striving in me, and give my soul the rest only You can give. Amen.

# Hope for Today

**READ WHEN…**

disappointment has made hope hard.

**SCRIPTURE**

“Now may the God of hope fill you with all joy and peace as you believe so that you may overflow with hope by the power of the Holy Spirit.”
— Romans 15:13 CSB

**PRAYER**

God of hope, disappointment has made it hard to expect anything good. Meet me here. As I trust You, fill me with Your joy and peace—not because everything is resolved, but because Your Spirit is still at work. Let hope rise again in You. Amen.

# Courage for Today

**READ WHEN…**

obedience feels scary.

**SCRIPTURE**

“Haven’t I commanded you: be strong and courageous? Do not be afraid or discouraged, for the LORD your God is with you wherever you go.”
— Joshua 1:9 CSB

**PRAYER**

Lord, obedience feels frightening when I cannot control the outcome. Thank You for being with me. Give me courage to do the next thing You have asked of me, and keep me faithful even when the road is hard. Amen.